

**ODYSEA**   
FEEDING CONVERSATION

# RETAIL CATALOGUE

UPDATED: 26 FEBRUARY 2024





IN 1991 PANOS MANUELIDES EMBARKED ON BRINGING THE DELIGHTS OF THE GREEK CUISINE TO THE UK. HE STARTED OUT BY SELLING PREMIUM GREEK OLIVES FROM A STALL ON PORTOBELLO ROAD, AS IT GREW IN POPULARITY IT SOON BECAME CLEAR TO PANOS THAT THERE WAS A GAP IN THE MARKET FOR HIGH QUALITY AUTHENTIC GREEK PRODUCTS AND SO ODYSEA WAS BORN.

OUR AIM IS TO BE THE FIRST CHOICE & POINT OF REFERENCE FOR GREEK PRODUCTS & WE TAKE PRIDE IN SUPPLYING PRODUCTS OF THE HIGHEST QUALITY. WE HAVE SEARCHED GREECE FOR THE FINEST PRODUCERS, MANY OF WHOM WE HAVE BEEN WORKING WITH SINCE WE FIRST BEGAN IN 1991. THIS ENABLES US TO GUARANTEE A DEGREE OF QUALITY & AUTHENTICITY THAT MASS PRODUCTION MAY FAIL TO MATCH. IN THIS TIME WE HAVE ESTABLISHED STRONG WORKING RELATIONSHIPS & PERSONAL FRIENDSHIPS WITH OUR PRODUCERS, ALLOWING US TO RESPOND QUICKLY & EFFECTIVELY TO OUR CUSTOMERS PRODUCT REQUIREMENTS.

AS ODYSEA HAS EVOLVED, SO TOO HAS OUR AWARD WINNING PRODUCT RANGE, FROM THE TRULY AUTHENTIC THROUGH TO MORE CONTEMPORARY FLAVOURS WHICH HAVE BEEN INSPIRED BY TRADITIONAL GREEK RECIPES & ARE UNIQUE TO ODYSEA. WE HAVE TAILORED OUR EXTENSIVE PRODUCT RANGE TO MEET THE NEEDS OF A HOST OF CUSTOMERS FROM LEADING RESTAURANTS, HOTELS & GASTRO-PUBS TO QUALITY DELICATESSENS, INDEPENDENT RETAILERS & DEPARTMENT STORE FOOD HALLS.

A LARGE NUMBER OF PRODUCTS IN OUR RANGE HAVE BEEN AWARDED PROTECTED DESIGNATION OF ORIGIN (PDO) STATUS. THIS IS A GEOGRAPHICAL INDICATION DEFINED IN EU LAW TO PROTECT REGIONAL FOODS. IT ACTS AS AN ASSURANCE TO OUR CUSTOMERS THAT THEY ARE PURCHASING A GENUINE, QUALITY PRODUCT. WE ARE CONSTANTLY INTRODUCING NEW & EXCITING PRODUCTS, PLEASE CHECK [WWW.ODYSEA.COM](http://WWW.ODYSEA.COM) TO FIND OUT MORE.

IF YOU REQUIRE ANY FURTHER INFORMATION ON THESE OR ANY OTHER PRODUCT LISTED THEN PLEASE DO NOT HESITATE TO CONTACT A MEMBER OF THE SALES TEAM ON 020 7608 1841 OR EMAIL [INFO@ODYSEA.COM](mailto:INFO@ODYSEA.COM).



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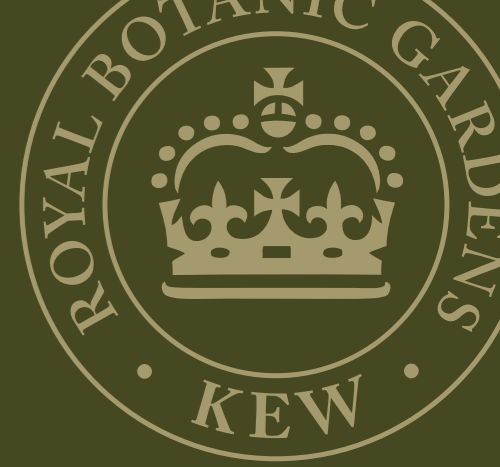






# ODYSEA x KEW ROYAL BOTANIC GARDENS

As a UNESCO World Heritage Site, Kew is famous for its diverse botanical and seed collections which mirrors Odysea's dedication to biodiversity, heritage and sourcing quality ingredients. This landmark collaboration showcases 14 limited edition fruit compotes, honeys, oils and antipasti which will be available at Kew Gardens' gift shop and online.



## OIL & VINEGARS

	CODE	SIZE	UPC
KEW GREEK LIMITED EDITION EVOO	KEW77	500ml	x8
KEW APPLE BALSAMIC VINEGAR	KEW91	250ml	x6
KEW POMEGRANATE BALSAMIC VINEGAR	KEW14	250ml	x6



## MEZE & COMPOTES

	CODE	SIZE	UPC
KEW POMEGRANATE HARISSA	KEW76	250g	x6
KEW ORGANIC GREEN OLIVE TAPENADE	KEW71	230g	x6
KEW KALAMATA OLIVE TAPENADE	KEW90	240g	x6
KEW MORELLO CHERRY COMPOTE	KEW52	350g	x12
KEW WILD FIG COMPOTE	KEW38	350g	x12



## OLIVES

	CODE	SIZE	UPC
KEW ALEXANDRIA STYLE PITTED OLIVES	KEW57	235g	x6
KEW CONSERVOLIA STYLE PITTED OLIVES	KEW19	235g	x6



## HONEY

	CODE	SIZE	UPC
KEW GREEK OAK TREE RAW HONEY	KEW95	390g	x6
KEW GREEK ORANGE BLOSSOM RAW HONEY	KEW39	390g	x6
KEW GREEK SPRING BLOSSOM RAW HONEY	KEW15	390g	x6





## OLIVE OIL

Some of the best olive oil in the world comes from Kalamata and Western Crete in Greece, thanks to long hot summers, moderate wind and the mountainous landscape which nurtures oil rich olives.

### KALAMATA PDO EXTRA VIRGIN OLIVE OIL



A well-balanced olive oil with medium fruitiness and a light to medium pungency. Full-bodied herbaceous flavour that slowly builds in the mouth leaving a pleasant peppery aftertaste. Fresh grassy aroma with notes of citrus and tomatoes on the vine



	CODE	SIZE	UPC
ODYSEA GREEK KALAMATA PDO ORGANIC - 500ml Bottle	OD950	500ml	x6
ODYSEA GREEK KALAMATA PDO - 500ml Bottle	OD912	500ml	x6
ODYSEA GREEK KALAMATA PDO - 750ml Bottle	OD899	750ml	x6
ODYSEA GREEK KALAMATA PDO - 1L Bottle	OD875	1L	x6
ODYSEA GREEK KALAMATA PDO - 1L Tin	OD851	1L	x6
ODYSEA GREEK KALAMATA PDO - 3L Tin	OD837	3L	x4
ODYSEA GREEK KALAMATA PDO - 5L Tin	OD998	5L	x4

### CHANIA PGI EXTRA VIRGIN OLIVE OIL



A medium strength olive oil with notes of grass and a pleasant peppery finish. The oil is extracted cold within hours of the olives being harvested so as to ensure that it retains it's rich aroma and high nutrient value



	CODE	SIZE	UPC
ODYSEA GREEK PGI CHANIA FROM CRETE ORGANIC - 500ml Bottle	ODL60	500ml	x6
ODYSEA GREEK PGI CHANIA FROM CRETE - 500ml Bottle	OD912	500ml	x6
ODYSEA GREEK PGI CHANIA FROM CRETE - 750ml Bottle	OD254	750ml	x6
ODYSEA GREEK PGI CHANIA FROM CRETE - 3L Tin	OD530	3L	x4



Not suitable for vegans





## OLIVE OIL CONTINUED

### FINISHING EXTRA VIRGIN OLIVE OILS

ODYSEA GREEK EARLY HARVEST EXTRA VIRGIN OLIVE OIL - 500ml Tin	OD974	500ml	x6
ODYSEA x KEW - GREEK LIMITED EDITION EXTRA VIRGIN OLIVE OIL - 500ml Tin	KEW77	500ml	x8
ODYSEA 'GOOD FOR YOU' HIGH POLYPHENOL EXTRA VIRGIN OLIVE OIL - 250ml Tin	OD936	250ml	x6
YANNI'S FINEST EXTRA VIRGIN OLIVE OIL - 500ml Tin	OLY32	500ml	x6
RUSTICHELLA EXTRA VIRGIN OLIVE OIL WITH BLACK TRUFFLE	R07269	100ml	x6
ODYSEA EXTRA VIRGIN OLIVE OIL SPRAY DRESSING	ODZ00	250ml	x12



CODE SIZE UPC

### KARYATIS GREEK OLIVE OILS

KARYATIS EXTRA VIRGIN OLIVE OIL - 500ml Bottle	OLW00	500ml	x6
KARYATIS EXTRA VIRGIN OLIVE OIL - 750ml Bottle	OLW78	750ml	x6
KARYATIS EXTRA VIRGIN OLIVE OIL - 1L Tin	KA510	1L	x6
KARYATIS EXTRA VIRGIN OLIVE OIL - 2L Tin	KA947	2L	x4
KARYATIS MEDITERRANEAN BLEND (20% EVOO / 80% SUNFLOWER OIL) - 1L TIN	KA794	1L	x6
KARYATIS MEDITERRANEAN BLEND (20% EVOO / 80% SUNFLOWER OIL) - 2L TIN	KA534	2L	x4
KARYATIS VIRGIN OLIVE OIL	KA473	500ml	x6
KARYATIS OLIVE OIL	KA435	500ml	x6



CODE SIZE UPC



Not suitable for vegans






## VINEGARS & MOLASSES

Odysea balsamic vinegar of Modena is traditionally produced and aged by a family owned vinegar producer in Modena, Italy. To be awarded PGI status, balsamic vinegar of Modena only be produced in the provinces of Modena and Reggio Emilia. The climate and environment of these areas are particularly suited to the maturation and aging of some of the finest balsamic vinegars.



### BALSAMIC VINEGARS FROM ITALY

		CODE	SIZE	UPC
ODYSEA BALSAMIC VINEGAR OF MODENA PGI	 Aged for at least 10 years, with a density of 1.33	ODX45	250ml	x6
ODYSEA POMEGRANATE BALSAMIC VINEGAR	Made in Lombardy from 100% pomegranate juice aged for 12 months	OD885	250ml	x6
ODYSEA APPLE BALSAMIC VINEGAR	Made in Lombardy & matured in oak barrels for 4 years	OD889	250ml	x6
ODYSEA BALSAMIC GLAZE	With 60% balsamic vinegar of modena, thick & velvety smooth	ODX22	250ml	x6

### STORE CUPBOARD ESSENTIAL VINEGARS

		CODE	SIZE	UPC
ODYSEA BALSAMIC VINEGAR OF KALAMATA	A light balsamic vinegar from the Messenian region	ODXBAL	250ml	x6
ODYSEA RED WINE VINEGAR OF KALAMATA	A delicate, fruity vinegar made with Nemean grapes	ODXRED	250ml	x6
ODYSEA WHITE WINE VINEGAR OF KALAMATA	A clear, crisp vinegar from the wine producing region of the Peloponnese	ODXWHT	250ml	x6
ODYSEA BALSAMIC VINEGAR SPRAY	A light balsamic vinegar with convenient pump spray	ODZV0	250ml	x12



### MOLASSES

		CODE	SIZE	UPC
ODYSEA DATE MOLASSES	100% concentrated dates - rich, deep, treacle like sweetness	ODDM3	250ml	x6
ODYSEA POMEGRANATE MOLASSES	100% concentrated pomegranates - thick, ruby coloured syrup	OPOM	250ml	x6
ODYSEA ORGANIC GRAPE MOLASSES	Intense, aromatic sweetness, made from grape must	ODXM0	250ml	x6



 Not suitable for vegans





# OLIVES

The majority of our premium Greek olives come from The Rovies estate grove on the picturesque Greek island of Evia. The olives are hand selected by the village co-operative and traditionally cured. In 2014 the Conservolia olives from Rovies were awarded PDO status.



## GREEK OLIVES

		CODE	SIZE	UPC
ODYSEA BIG KALAMATA PITTED OLIVES	Rich & fruity, naturally ripened & harvested by hand	ODS66	165g	x6
ODYSEA ALEXANDRIA STYLE PITTED OLIVES	Kalamata & green olives in EVOO with chilli & cumin	OD462	235g	x6
ODYSEA x KEW ALEXANDRIA STYLE PITTED OLIVES	Kalamata & green olives in EVOO with chilli & cumin	KEW57	235g	x6
ODYSEA CONSERVOLIA PITTED OLIVES	Green olives in EVOO with lemon, garlic & coriander	OD448	235g	x6
ODYSEA x KEW CONSERVOLIA PITTED OLIVES	Green olives in EVOO with lemon, garlic & coriander	KEW19	235g	x6
ODYSEA BIG HALKIDIKI PITTED OLIVES	Large green olives with a meaty bite, in brine	ODS67	165g	x6

## ITALIAN OLIVES

		CODE	SIZE	UPC
ODYSEA NOCELLARA DI CASTELVETRANO OLIVES	Large, bright green olives from sicilly, in brine	ODS67	170g	x6
ODYSEA ETNA NOCELLARA PITTED OLIVES	Buttery olives with lime & a hint of chilli	OD476	165g	x6

## SPANISH OLIVES

		CODE	SIZE	UPC
ODYSEA BIG GORDAL PITTED OLIVES	Sweet, plump olives from Andalusia, Spain	OD490	165g	x6
KARYATIS QUEEN PITTED GORDAL OLIVES	Plump & firm to bite, grown in Andalusia area of southern Spain	K2090	350g	x6
KARYATIS GREEN PITTED MANZANILLA OLIVES	Juicy green Manzanilla olives from the groves of Andalusia	K2000	350g	x6
KARYATIS GREEN PITTED MANZANILLA OLIVES LARGE	Juicy green Manzanilla olives from the groves of Andalusia	K2030	907g	x6
KARYATIS PITTED BLACK HOJIBLANCA OLIVES	Pitted black Hojiblanca olives in brine	K1000	350g	x6
KARYATIS PITTED BLACK HOJIBLANCA OLIVES LARGE	Pitted black Hojiblanca olives in brine	K1020	907g	x6
KARYATIS PIMENTO STUFFED MANZANILLA OLIVES	Juicy green Manzanilla olives stuffed with pimento pepper paste	K3000	350g	x6



 Not suitable for vegans





## OLIVES CONTINUED

### ODYSEA STUFFED OLIVES

		CODE	SIZE	UPC
ODYSEA PIRI PIRI STUFFED OLIVES	Large gordal olives stuffed with a whole, tiny chilli	OD551	165g	x6
ODYSEA GHERKIN STUFFED OLIVES	Queen olives stuffed with a whole, tiny gherkin	OD513	165g	x6
ODYSEA DOUBLE STUFFED OLIVES	Halkidiki olives stuffed with an almond & peice of red pepper	OD537	165g	x6



### ODYSEA ORGANIC OLIVES

		CODE	SIZE	UPC
ODYSEA ORGANIC KALAMATA PITTED OLIVES	Handpicked olives in brine	ODO06	145g	x6
ODYSEA ORGANIC GREEN PITTED OLIVES	Handpicked olives in brine	ODO03	145g	x6
ODYSEA ORGANIC MIXED STUFFED OLIVES	Olives stuffed with pimento & stuffed with garlic	ODO09	165g	x6



### ROVIES OLIVES

	Hand selected, traditionally cured organic olives from Rovies, a single estate grove on the picturesque Greek island of Evia	CODE	SIZE	UPC
ROVIES ORGANIC GREEN WHOLE OLIVES		ROO32	350g	x6
ROVIES ORGANIC GREEN OLIVES STUFFED WITH ALMONDS		ROO36	200g	x6
ROVIES ORGANIC GREEN OLIVES STUFFED WITH PEPPERS		ROO34	200g	x6
ROVIES ORGANIC KALAMATA WHOLE OLIVES		ROO30	350g	x6



 Not suitable for vegans





# MEZE

Meze is an important part of Greek cuisine and caters to the Greeks passion for sharing fine food and good company over a glass of ouzo or wine.



## AMBIENT MEZE DIPS

		CODE	SIZE	UPC
AUBERGINE MEZE DIP	A smooth blend of smoky roasted aubergines	ODMA0	220g	x6
KALAMATA OLIVE MEZE	With olives, capers, garlic and extra virgin olive oil	ODMK0	220g	x6
RED PEPPER & FETA MEZE	A blend of sweet roasted red peppers and Greek feta cheese	ODMF0	220g	x6
BRUSCHETTA MEZE TOPPING	A chunky blend of roasted red peppers, aubergines, olives, herbs & EVOO	ODMR0	220g	x6
HARISSA SPICY MEZE	Made from a mix of chillies & red peppers with EVOO and garlic	ODMH0	220g	x6
SUN-DRIED TOMATO MEZE	With Greek olives, garlic, capers and extra virgin olive oil	ODMS0	220g	x6
ROASTED SWEET RED PEPPER MEZE	Sweet roasted red peppers dressed with red wine vinegar marinade	ODMP0	220g	x6
HOUMOUS	Classic mediterranean dip made with tahini & chickpeas	OD767	265g	x6
SPICY AJVAR	A spicy dip with roasted red peppers and smooth, smoky aubergine	OD438	250g	x6
HARISSA HOUMOUS	Velvety smooth houmous with a hint of spicy harissa	OD414	265g	x6
KEW POMEGRANATE HARISSA	A vibrant spicy paste with a subtle fruity sweetness	KEW76	250g	x6
KEW ORGANIC GREEN OLIVE TAPENADE	Made only with organic Conservolia olives from the island of Evia, Greece	KEW71	230g	x6
KEW KALAMATA OLIVE TAPENADE	Greek Kalamata tapenade made with capers, herbs & spices with EVOO	KEW90	240g	x6
KARYATIS SPICY HARISSA MEZE	Spicy blend of red peppers, garlic & extra virgin olive oil	KARH5	100g	x5
ROVIES ORGANIC GREEN OLIVE PASTE	Made with a blend of organic olives from the island of Evia, Greece	ROO15	180g	x6
ROVIES ORGANIC KALAMATA OLIVE PASTE	Made with a blend of organic kalamata olives, herbs and spices from Evia	ROO10	180g	x6

## FRESH MEZE DIPS

		CODE	SIZE	UPC
TZATZIKI FRESH DIP	Garlicky dip made with real Greek yoghurt, EVOO & cucumber	OFD75	200g	x6
TAMOSALATA FRESH DIP	Classic dip made with cod roe using a traditional Greek recipe	OFD51	200g	x6
AJVAR FRESH DIP	Spicy dip made with roasted peppers & smoky aubergine	OFD36	200g	x6



 Not suitable for vegans





## MEZE CONTINUED



### ANTIPASTI

		CODE	SIZE	UPC
ODYSEA STUFFED VINE LEAVES	Greek vine leaves filled with a savoury rice & onion filling, with EVOO	OD650	310g	x4
ODYSEA BAKED GIGANTES BEANS IN TOMATO SAUCE	A traditional Greek recipe in rich tomato & herb sauce with EVOO	OD636	310g	x4
ODYSEA AUBERGINE IMAM	In a rich tomato sauce, flavoured with onions, garlic, herbs and spices	OD674	310g	x4
ODYSEA CHICKPEAS IN TOMATO SAUCE	Chickpeas cooked in a rich tomato sauce with extra virgin oliveoil	ODCP4	355g	x4
ODYSEA SEAFOOD SALAD	Molluscs & crustaceans in seasoned oil	OD391	200g	x6
ODYSEA MIXED PEPPERS STUFFED WITH FETA CHEESE	Mildly spicy baby peppers with a creamy feta cheese filling in oil	OD452	280g	x6
ODYSEA ORGANIC FETA STUFFED CHERRY PEPPERS (FRESH)	Sweet piquante peppers with a creamy & tangy feta filling	OD237	150g	x8
KARYATIS BAKED GIGANTES BEANS	Giant butter beans in a rich tomato and herb sauce	KARG5	220g	x6
ONASSIS BAKED GIGANTES BEANS IN TOMATO SAUCE	Greek giant beans with tomato sauce in a tin	ONB01	280g	x12
ONASSIS STUFFED VINE LEAVES	Greek vine leaves filled with rice & herbs in a tin	ONV01	280g	x12



 Not suitable for vegans







## INGREDIENTS

Authentic ingredients from select producers in Greece and the wider mediterranean region.



### ODYSEA RETAIL INGREDIENTS

		CODE	SIZE	UPC
ODYSEA ORGANIC PRESSED HEIRLOOM TOMATOES	Hand harvested tomatoes grown in central Greece	TPBBO	300g	x6
ODYSEA SEMI - DRIED DATTERINI TOMATOES	Tiny tomatoes preserved in oil & herbs	OD353	280g	x6
ODYSEA FLAME ROASTED RED & YELLOW PEPPERS	Harvested when a vibrant shade of red & yellow	ODRY4	350g	x6
ODYSEA FLAME ROASTED RED PEPPERS	Harvested when naturally ripe & vibrant red	ODRP6	350g	x6
ODYSEA PRESERVED BELDI LEMONS	Tiny lemons in salty brine	ODPL6	200g	x6
ODYSEA CAPUCINE CAPERS	Hand picked, distinctively salty Moroccan capers	OD575	198g	x8
ODYSEA NON - PAREILLES CAPERS	Tiny, delicate handpicked capers	O599	100g	x8
ODYSEA x KEW MORELLO CHERRY COMPOTE	Whole cherries picked in season & preserved in syrup	KEW52	350g	x12
ODYSEA x KEW WILD FIG COMPOTE	Small whole figs, picked in season & preserved in syrup	KEW38	350g	x12

### INGREDIENTS RETAIL

		CODE	SIZE	UPC
KARYATIS MIXED CHILLI PEPPERS	Mixed whole red & green hot chilli peppers	KARM6	205g	x6
KARYATIS CAPER BERRIES	Plump & juicy whole caper berries in wine vinegar	KA902	230g	x6
KARYATIS ROASTED RED PEPPERS	Harvested when naturally ripe & vibrant red	RPW06	450g	x6
AGRINO GIGANTES BEANS	Giant dried beans, smooth & meaty when cooked	AGRB1	500g	x12
AGRINO FASOLIA GIGANTES ELEFANTES PGI KASTORIA	Giant dried beans from Kastoria awarded PGI status	AGRKB	500g	x12
AGRINO FINE LENTILS	Fine lentils low in fat, sugars and salt	AGRL1	500g	x12
AGRINO CHICKPEAS	Dried chickpeas rich in proteins, fibre & magnesium	AGRP5	500g	x12
KYKNOS DOUBLE CONCENTRATE TOMATO PASTE	Concentrated tomato paste from Greece	AK500	410g	x24



 Not suitable for vegans





## INGREDIENTS CONTINUED

Authentic ingredients from select producers in Greece and the wider mediteranean region.

### KROKOS SAFFRON



Greek saffron from the Kozani cooperative is recognised as some of the finest in the world & has been awarded PDO status



		CODE	SIZE	UPC
ORGANIC SAFFRON STIGMATA	Organic red saffron threads	SS001	1g	x12
SAFFRON STIGMATA - PLASTIC BOX	Hand harvested saffron threads	SS009	1g	x12
SAFFRON STIGMATA - BOX	Hand harvested saffron threads	SS013	28g	x1
SAFFRON POWDER	Ground, dried saffron stigma	SP006	1g	x12



Not suitable for vegans





# CHEESE

Cheese is an intrinsic part of Greek culture and while Feta & Halloumi may dominate the Greek cheeseboard, Greek boasts a total of 21 PDO awarded varieties of cheese.



## FETA CHEESE PDO



Made in the Thessaly region of central Greece using locally produced milk

		CODE	SIZE	UPC
ODYSEA 100% SHEEP'S MILK FETA	Mild & creamier feta	FWR20	200g	x12
ODYSEA SHEEP & GOAT'S MILK FETA	Creamy & tangy	FT195	120g	x12
ODYSEA ORGANIC SHEEP & GOAT'S MILK FETA	Rich & tangy, naturally lower in lactose	FT155	200g	x12
ODYSEA GREEK FETA CUBES	Conveniently cut & ready to toss on salad	FT094	150g	x12
ODYSEA CREAMY FETA & YOGHURT SPREAD	Smooth, tangy & made with real Greek yoghurt	FT191	180g	x12
ROUSSAS BARREL AGED FETA CHEESE	Sheep & goat's milk feta matured for over 8 months in wooden barrels	FT307	170g	x14
ROUSSAS ORGANIC PDO FETA CHEESE	Organic sheep & goats milk feta from Almyros, central Greece	FT150	200g	x12
ROUSSAS FETA CHEESE	Made from sheep and goats milk in the mountainous region of Almyros	FT100	200g	x12



## TRADITIONAL HALLOUMI PDO



Made in Cyprus using Cypriot milk

		CODE	SIZE	UPC
ODYSEA TRADITIONAL HALLOUMI	Classic halloumi with cow, sheep & goat's milk	FT131	250g	x12
ODYSEA SHEEP & GOAT'S MILK PREMIUM HALLOUMI	Traditional halloumi, without cow's milk	FT148	225g	x10
ODYSEA HALLOUMI STICKS	Classic halloumi, conveniently cut into sticks	FT179	200g	x10
DODONI HALLOUMI CHEESE	Classic halloumi with cow, sheep & goat's milk	FTD25	250g	x10
DODONI HALLOUMI CHEESE BURGER SLICES	Classic halloumi cheese cut into 4 x 50g slices	FTD50	200g	x10



Not suitable for vegans









## CHEESE CONTINUED

Cheese is an intrinsic part of Greek culture and while Feta & Halloumi may dominate the Greek cheeseboard, Greek boasts a total of 21 PDO awarded varieties of cheese.



### TRADITIONAL GREEK CHEESES

			CODE	SIZE	UPC
ODYSEA MANOURI CHEESE PDO		A mild semi-soft cheese, perfect to fry or grill	FT160	170g	x15
ODYSEA GREEK SAGANAKI CHEESE		Kefalotyri cheese, holds it's shape when fried	FT820	200g	x12
ODYSEA GREEK CRUMBLY CHEESE		Our cow's milk cheese alternative to feta	FT200	200g	x12
ROUSSAS GREEK GOAT'S CHEESE		Smooth earthy flavour with firm texture	FT322	200g	x12
ROUSSAS GALOTYRI PDO		Soft cheese with a creamy texture   Great Taste Supreme Champion 2023	FT253	180g	x12
AMARI CRETAN FRESH MYZITHRA		Gentle, sweet flavour with light creamy texture	AM122	400g	x1
AMARI CRETAN SAVOURY MYZITHRA		A savoury variation of myzithra	AM185	150g	x12
AMARI CRETAN GRAVIERA CHEESE PDO		Sweet & buttery characteristics that develop once matured	AM135	150g	x10
MASTELO CHEESE		Similar to halloumi but milkier, less salty & less squeaky	FTMS0	~400g	x1



 Not suitable for vegans





# YOGHURT & KEFIR

We work with two Greek dairies to produce our yoghurt; a small cooperative dairy in the Drama region of northern Greece produces our non-homogenised yoghurt & kefir, while a larger family owned dairy in Thessaloniki produces our cow's milk yoghurt.



## AUTHENTIC GREEK YOGHURT



Greek yoghurt, renowned for its thick, creamy texture is a staple in Greek cuisine and is now sought after world-wide

		CODE	SIZE	UPC
ODYSEA ORGANIC GREEK SHEEP'S MILK YOGHURT	Made from non-homogenised milk, with a creamy clotted top	OD332	220g	x12
ODYSEA ORGANIC GREEK GOAT'S MILK YOGHURT	Made from non-homogenised milk, with a creamy clotted top	OD356	220g	x12
ODYSEA ORGANIC GREEK COW'S MILK YOGHURT - 2% FAT	Thick & creamy, mildly tangy flavour with a natural, gentle sweetness	OD780	500g	x6
MEVGAL COW'S MILK GREEK YOGHURT	Strained yoghurt from pasteurised cow's milk, with 10% fat	YM500	500g	x6

## KEFIR



Made from 100% organic Greek goat's milk naturally fermented with kefir cultures & packed with gut-friendly live bacteria

		CODE	SIZE	UPC
ODYSEA ORGANIC GREEK GOAT'S MILK KEFIR	Tart, tangy & full of live bacteria cultures	OD370	330ml	x20
ODYSEA ORGANIC GREEK GOAT'S MILK SET KEFIR	Spoonable kefir full of live bacteria cultures	OD862	200g	x12



Not suitable for vegans





# RAW HONEY

Untreated, cold-extracted and minimally strained, our honey is produced in central Greece by Artisan bee-keeper Alexandros Gousiras.



## GREEK RAW HONEY

	CODE	SIZE	UPC
GREEK PINE & FIR TREE HONEY	ODH09	250g	x6
GREEK OAK TREE HONEY - LIMITED EDITION	ODH03	250g	x6
GREEK ORANGE BLOSSOM HONEY - LIMITED EDITION	ODH05	250g	x6
GREEK SPRING BLOSSOM HONEY - LIMITED EDITION	ODH07	250g	x6
GREEK WILD THYME & FRAGRANT HERB HONEY	HNY00	480g	x6
GREEK PINE & FIR TREE HONEY	HNY01	480g	x6
KEW GREEK ORANGE BLOSSOM HONEY - LIMITED EDITION	KEW39	390g	x6
KEW GREEK OAK TREE HONEY - LIMITED EDITION	KEW95	390g	x6
KEW GREEK SPRING BLOSSOM HONEY - LIMITED EDITION	KEW15	390g	x6



 Not suitable for vegans





## PITA BREAD

Baked in Greece by Elivart, a traditional Greek bakery established in 1952. Elviart has become one of Greece's largest bakeries which continues to bake authentic pita bread, ideal for the classic Greek souvlaki and great served with a meze spread or used as a quick pizza base.



### GREEK PITA BREADS

		CODE	SIZE	UPC
ELVIART TRADITIONAL PITA BREAD - 16cm	The traditional round Greek flat bread	PTM10	10pcs	x12
ELVIART TRADITIONAL PITA BREAD - 18cm	The traditional round Greek flat bread in a bigger size	PTA01	10pcs	x12
ELVIART TRADITIONAL PITA BREAD - 21cm	The traditional Greek flat bread, larger and ideal to hold more filling	PTA38	6pcs	x12
ELVIART WHOLEMEAL PITA BREAD - 18cm	The traditional Greek flat bread in a wholesome, healthier version	PTA206/18	6pcs	x18
ELVIART PREMIUM PITA BREAD - 18cm	12 x 10 pieces (18cm diameter) [Thick & fluffy]	PTA54/10	10pcs	x12
ELVIART POCKET PITA BREAD	Soft and fluffy oval pita bread with a generous pocket for fillings	PTM20/05	5pcs	x15
ELVIART MINI ROUND GARLIC FLAVOUR PITA - 10cm	Mini pita bread with a hint of garlic, perfectly sized for snacking	PTSG00/18	12pcs	x18
PEINIRLI BASE (PIDE)	Fermented with sourdough, just fill and bake	PTP14	4pcs	x14
RODITIKI LADOPITA	Thin artisan pita bread produced on the island of Rhodes. The dough is kneaded with olive oil & individually shaped by hand.	FR999	20pcs	x20



Not suitable for vegans





# TRADITIONAL GREEK PIES & FROZEN PRODUCTS

Traditionally Greek filo pastry pies filled with real feta cheese & spinach, frozen as soon as they've been baked and ready to cook straight from the freezer.

## FROZEN FALAFEL

FROZEN FALAFEL (4 BAGS 25 x 30g PIECES) Made with chickpeas and flavoured with herbs & spices



CODE SIZE UPC

MM075 750g x4

## FROZEN FILO PASTRY PIES



SPANAKOPITA - FILO SPINACH & FETA TWIST PIE  
SPINACH & FETA CHEESE INDIVIDUAL TWISTS - MEDIUM  
SPINACH & FETA CHEESE TRIANGLE BITES (8 PIECES)

CODE SIZE UPC

CSPO8 850g x8

FRAL400 400g x12

FRAL320 320g x12

## FROZEN PASTRY

FILO PASTRY  
KATAIFI - SHREDDED FILO PASTRY

CODE SIZE UPC

FLS10 500g x10

FLK00 500g x12

## FROZEN VEGETABLES

BARBA STATHIS ARTICHOKEs Whole artichoke bottoms, ready to cook from frozen  
BARBA STATHIS OKRA Whole okra, a special variety that's small & tender, ready to cook from frozen



CODE SIZE UPC

FRO03 600g x12

FRO07 1kg x10



Not suitable for vegans





# PASTA

Rustichella pasta is made with selected durum wheat grown in the Abruzzo region and spring water from the Apennine mountains. The wheat is stone ground and mixed to form a dough which is extruded through bronze dies. These dies create a rough surface texture which enables sauce to cling to the pasta and give the pasta its unique grainy surface.



## RUSTICHELLA PASTA

	CODE	SIZE	UPC
RUSTICHELLA FUSILLI COL BUCO (WITH HOLE)	R00146	500g	x12
RUSTICHELLA FUSILLI	R07727	500g	x6
RUSTICHELLA CONCHIGLIONI	R00148	500g	x12
RUSTICHELLA ORECCIETTE DEL PRETE	R00152	250g	x12
RUSTICHELLA TAGLIATELLI NESTS	R00157	500g	x12
RUSTICHELLA FARFALLONI	R00158	500g	x12
RUSTICHELLA STROZZAPRETI	R00161	250g	x12
RUSTICHELLA ORZO	R00189/12	500g	x12
RUSTICHELLA TROFIE	R07722	250g	x6
RUSTICHELLA FETTUCINE (EGG PASTA)	R00195	250g	x12
RUSTICHELLA TAGLIATELLE (EGG PASTA)	R07717	250g	x6
RUSTICHELLA PAPPARDELLE (EGG PASTA)	R07718	250g	x6
RUSTICHELLA GARGANELLI (EGG PASTA)	R00199	250g	x12
RUSTICHELLA LASAGNA SHEETS (EGG PASTA)	R07721	250g	x6
RUSTICHELLA SPAGHETTI	R00313	500g	x12
RUSTICHELLA LINGUINE	R00316	500g	x12
RUSTICHELLA TONNARELLI AL NERO DI SEPPIA	R07733	500g	x6



 Not suitable for vegans







## RUSTICHELLA PASTA

	CODE	SIZE	UPC
RUSTICHELLA PENNE RIGATE	R07725	500g	x6
RUSTICHELLA BUCATINI	R07728	500g	x6
RUSTICHELLA PAPPADELLE RIGATE	R00331 / 12	500g	x12
RUSTICHELLA RIGATONI	R07729	500g	x6
RUSTICHELLA FREGOLA SARDA TOSTATA	R07732	500g	x6
RUSTICHELLA CANNELLONI	R05147	250g	x6
RUSTICHELLA MACCHERONI	R05618 / 12	500g	x12

## RUSTICHELLA SPECILATY GRAINS

	CODE	SIZE	UPC
RUSTICHELLA ORGANIC FARRO GRAIN INTERO	R00195	2.5kg	x2
RUSTICHELLA INSTANT POLENTA	R05440	500g	x12

## RUSTICHELLA GLUTEN FREE PASTA

	CODE	SIZE	UPC
RUSTICHELLA ORGANIC & GLUTEN FREE FUSILLI MAIZE	R04556	250g	x12

## RUSTICHELLA PASTA FOR CHILDREN

	CODE	SIZE	UPC
RUSTICHELLA ORGANIC ALPHABET WITH VEGETABLES	RC06610	250g	x12
RUSTICHELLA ORGANIC STELINE WITH VEGETABLES	RC06611	250g	x12
RUSTICHELLA ORGANIC RIGATONCINI WITH CARROT, PUMPKIN & TOMATO	RC06619	250g	x12
RUSTICHELLA ORGANIC PENNINE RIGATE WITH SPINACH & COURGETTE	RC06620	250g	x12

## GREEK PASTA

	CODE	SIZE	UPC
MAKVEL ORZO PASTA	MAK12	500g	x12
MAKVEL PASTICHIO PASTA	MAK15	500g	x15



Not suitable for vegans

# RUSTICHELLA SAUCES



## PASTA SAUCES

		CODE	SIZE	UPC
RUSTICHELLA SUGO POMODORO E BASILICO	Tomato sauce with basil	R07712	270g	x6
RUSTICHELLA ALL'ARRABBIATA	Spicy tomato sauce	R07713	270g	x6
RUSTICHELLA SUGO ALLA OLIVE	Tomato sauce with olives	R07714	270g	x6
RUSTICHELLA SUGO AI FUNGI	Tomato sauce with mushrooms	R07715	270g	x6
RUSTICHELLA SUGO PEPERONI	Tomato sauce with peppers	R07716	270g	x6

RUSTICHELLA SUGO ALLA NAPOLETENA	Tomato sauce with anchovies	R00348	270g	x12
RUSTICHELLA SUGO ALLA PESCATORA	Tomato sauce with mussels & clams	R00354	270g	x12
RUSTICHELLA SUGO ALLA VONGOLE	Tomato sauce with clams	R00355	130g	x12

RUSTICHELLA RAGU ALLA CARNE	Meat ragu sauce	R00351	270g	x12
RUSTICHELLA CARBONARA	Classic carbonara recipe with pancetta pieces	R00352	270g	x12
RUSTICHELLA CONDIMENTO PASTA CACIO E PEPE		R07007	270g	x12

## PESTO

		CODE	SIZE	UPC
RUSTICHELLA PESTO ALLA GENOVESE	A variation of the classic pesto with parmesan cheese	R00380	130g	x12
RUSTICHELLA PESTO ROSSO	A variation of the classic pesto with sun-dried tomatoes & evoo	R00381	130g	x12





An aerial photograph of a small, yellow and white boat with a white canopy, floating in clear, turquoise water. The boat is positioned in the lower right quadrant of the frame. The water shows varying shades of green and blue, indicating different depths and seabed compositions. In the background, a rocky shoreline with some dark patches of seaweed or rocks is visible. The overall scene is serene and natural.

Slow food  
for a fast world

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